## 2024 Iowa Senior Games Football Distance Throw Waukee High School | Waukee, IA

Event	Age Group	First Name	Last Name	City	State	Gender	Age	Result (ft)	Place	Medal
Football Distance Throw	50-54 Female	Sue	Francksen	Olin	IA	F	53			G
Football Distance Throw	50-54 Female	Carrie	Mills	Des Moines	IA	F	53			S
Football Distance Throw	50-54 Male	JASON	ODONNELL	Urbandale	IA	М	52	192	1	G
Football Distance Throw	50-54 Male	Scott	Mills	Des Moines	IA	М	53	90	2	s
Football Distance Throw	50-54 Male	MICHAEL	HILLIARD	DES MOINES	IA	М	52	51		В
Football Distance Throw	55-59 Female	Cheryl	Hall	Weston	WI	F	57	78	1	G
Football Distance Throw	55-59 Female	Jacqueline	Riekena	West Des Moines	IA	F	58	56	1	G
Football Distance Throw	55-59 Female	Sherry	Adney	McGregor	IA	F	58	52	2	S
Football Distance Throw	55-59 Female	Jennifer	Shide	Urbandale	IA	F	57	45	3	В
Football Distance Throw	55-59 Male	Brian	Andrae	Orion	IL	М	56	138	1	G
Football Distance Throw	55-59 Male	Tim	Lund	Montrose	СО	М	57	96	2	S
Football Distance Throw	55-59 Male	Doug	Kane	Scottsdale	AZ	М	58	81	3	В
Football Distance Throw	60-64 Female	Jody	Walter	Des Moines	IA	F	62	66		G
Football Distance Throw	60-64 Female	Linda	Mahr	Dorchester	IA	F	61	61		S
Football Distance Throw	60-64 Female	Diane	Lund	Montrose	СО	F	60	60		В
Softball Distance Throw	60-64 Female	Patricia	Dyar	Des Moines	IA	F	62	54	3	В
Football Distance Throw	60-64 Female	Sonja	Gibbs	Marion	IA	F	62	51		
Football Distance Throw	60-64 Male	Elliott	Kissam	Bettendorf	IA	М	62			G
Football Distance Throw	60-64 Male	Timothy	Pew	Des Moines	IA	М	62	126		S
Football Distance Throw	60-64 Male	George	Antolik	Urbandale	IA	М	64		3	В
Football Distance Throw	60-64 Male	Jeff	Pfundheller	Urbandale	IA	М	63			
Football Distance Throw	60-64 Male	Mitch	Anderson	Indianola	IA	М	64	96		
Football Distance Throw	60-64 Male	Robert	Rydberg	Prior Lake	MN	М	60	78		
Football Distance Throw	65-69 Female	Doris	Garland	Indianola	IA	F	67	102	1	G
Football Distance Throw	65-69 Female	Rhonda	Penquite	Cumming	IA IA	F	67	90		S
Football Distance Throw	<del>                                     </del>	Judy	Kelly	Prairie du Chien	WI	F	64			В
Football Distance Throw	65-69 Female	Greta	Budweg	Ankeny	IA	F	65			В
Football Distance Throw	65-69 Female	Ellen	Johnson	Ankeny	IA	F	66	ł		
Football Distance Throw	65-69 Female	Linda	Donahue	monroe	IA	F	64			
Football Distance Throw	65-69 Female	Gertrude	Fitzpatrick	Cedar Rapids	IA	F	64			
Football Distance Throw	65-69 Female	Shelly	Lewis	New Virginia	IA	F	65	ł		
Football Distance Throw	65-69 Female	Janice	Leinen	North English	IA	F	65	<b>+</b>		
Football Distance Throw	65-69 Male	Brad	Staley	Hampton	IA	м	64	117	1	G
Football Distance Throw	65-69 Male	Keith	Dahlstrom	CEDAR FALLS	IA	М	69	<b>+</b>		S
Football Distance Throw	65-69 Male	Mike	Weeks	Batesville	AR	М	68	<b>!</b>		В
Football Distance Throw	65-69 Male	Randy	Davis	Altoona	IA	М	67	90		В
Football Distance Throw	65-69 Male	Kenneth	Hopper	Waukee	IA	М	68	81		
Football Distance Throw	70-74 Female	Margaret	Beuter	Iowa City	IA	F	69	67	1	G
Football Distance Throw	70-74 Female	Roanne	Willey	CENTER JUNCTION	IA	F	71	65	2	S
Football Distance Throw	70-74 Female	Vicki	Morris	New virginia	IA	F	73	49	3	В
Football Distance Throw	70-74 Female	Joyce	Kitson	Marengo	IA	F	70	33		
Football Distance Throw	70-74 Male	Dennis	Hinckley	Sioux Falls	SD	М	72	<del> </del>		G
Football Distance Throw	70-74 Male	Brad	Ewest	Ankeny	IA	М	70	<b>!</b>		G
Football Distance Throw	70-74 Male	Jim	Kobus	Ankeny	IA	М	74			S
Football Distance Throw	70-74 Male	Chuck	Ward	Urbandale	IA	М	72	81	3	В

## 2024 Iowa Senior Games Football Distance Throw Waukee High School | Waukee, IA

Football Distance Throw	75-79 Female	Emma	Squires	Cedar Rapids, Iowa	IA	F	75	59	1	G
Football Distance Throw	75-79 Female	Suzan	French	Ankeny	IA	F	78	57	2	S
Football Distance Throw	75-79 Female	Neva	Weisskopf	Lehigh Acres	FL	F	75	46	3	В
Football Distance Throw	75-79 Male	Tarry	CORY	Clive, IA	IA	М	76	141	1	G
Football Distance Throw	75-79 Male	Greg	Eastman	Clive	IA	М	77	84	2	S
Football Distance Throw	75-79 Male	Marvin	Burton	Des Moines	IA	М	76	72	3	В
Football Distance Throw	75-79 Male	Tim	Phillips	Hiawatha	IA	М	74	66		
Football Distance Throw	75-79 Male	Alan	Schenck	Clarinda	IA	М	77	39		
Football Distance Throw	75-79 Male	Andy	Steinfeldt	Minnetonka	MN	М	76	54		
Football Distance Throw	80-84 Female	Jean	Minahan	Des Moines	IA	F	81	43	1	G
Football Distance Throw	80-84 Male	Howard	Bich	Sioux Falls	SD	М	84	84	1	G
Football Distance Throw	80-84 Male	Ron	Peterson	Waukee	IA	М	79	69	1	G
Football Distance Throw	80-84 Male	Colin	McBee	West Des Moines	IA	М	81	51	2	S
Football Distance Throw	85-89 Female	Wyline	Gardner	Des Moines	IA	F	86	15	1	G
Football Distance Throw	85-89 Male	Bob	McCoid	West Alexander	PA	М	86	66	1	G
Football Distance Throw	85-89 Male	Don	Newton	West Des Moines	IA	М	85	60	1	G
Football Distance Throw	85-89 Male	Dale	Dewey	Altoona	IA	М	84	51	2	S
Football Distance Throw	85-89 Male	Richard	Anderson	West Des Moines	IA	М	88	42	3	В
Football Distance Throw	90-94 Female	Norma	Ramker	Urbandale	IA	F	90	27	1	G
Football Distance Throw	90-94 Male	Bart	Young	Indianola	IA	М	93	27	1	G

## 2024 Iowa Senior Games Football Accuracy Throw Waukee High School | Waukee, IA

Football Accuracy Throw   50-54 Female   South   Mills   Des Moines   IA   F   53   50   1   C	Event	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Football Accuracy Throw   So-54 Male   Scott   Mills   Des Moines   IA   M   52   30   1   C   Football Accuracy Throw   So-54 Male   Scott   Mills   Des Moines   IA   M   53   30   1   C   Football Accuracy Throw   So-59 Female   Jacquelline   Riekena   Melecana   Melecan	Football Accuracy Throw	50-54 Female	Carrie	Mills	Des Moines	IA			50	1	G
Football Accuracy Throw   So-54 Male   Scott   Mills   Des Moines   IA   M   52   30   1   C   Football Accuracy Throw   So-54 Male   Scott   Mills   Des Moines   IA   M   53   30   1   C   Football Accuracy Throw   So-59 Female   Jacquelline   Riekena   Melecana   Melecan	Football Accuracy Throw	50-54 Female	Sue	Francksen	Olin	IA	F	53	20	2	S
Football Accuracy Throw   50-84 Male   Scott   Mills   Des Moines   IA   M   S3   10   2   S											
Football Accuracy Throw   55-59 Female   Inches   Inche	Football Accuracy Throw	50-54 Male	MICHAEL	HILLIARD	DES MOINES	IA	М	52	30	1	G
Football Accuracy Throw   55-59 Female   Jacqueline   Network   All   F   55   66   2   S		50-54 Male	Scott	Mills	Des Moines	IA	М	53	10	2	S
Football Accuracy Throw   55-59 Female   Jacqueline   Network   All   F   55   66   2   S											
Feotball Accuracy Throw   S5-59 Female   Series   Shide   Urbandale   IA   F   S7   20   3   8	Football Accuracy Throw	55-59 Female	Sherry	Adney	McGregor	IA	F	58	60	1	G
Football Accuracy Throw   S5-59 Female   Jennifer   Shide   Urbandale   JA   F   S7   10   3   B	Football Accuracy Throw	55-59 Female	Jacqueline	Riekena	West Des Moines	IA	F	58	60	2	S
Football Accuracy Throw   S5-59 Female   Beninfer   Shide   Urbandale   IA   F   S7   10   3   8	Football Accuracy Throw	55-59 Female	Cheryl	Hall	Weston	WI	F	57	20	3	В
Football Accuracy Throw   S5-59 Male   Doug   Kane   Scottsdale   AZ   M   S8   40   2   S   Football Accuracy Throw   S5-59 Male   Tim   Lund   Montrose   CO   M   S7   0	Football Accuracy Throw	55-59 Female		Shide	Urbandale	IA	F	57	10	3	В
Football Accuracy Throw   S5-59 Male   Doug   Kane   Scottsdale   AZ   M   S8   40   2   S   Football Accuracy Throw   S5-59 Male   Tim   Lund   Montrose   CO   M   S7   0											
Football Accuracy Throw   Football Accurac	Football Accuracy Throw	55-59 Male	Brian	Andrae	Orion	IL	М	56	40	1	G
Football Accuracy Throw   60-64 Female   Sonja   Gibbs   Marion   IA   F   62   80   1   G   Football Accuracy Throw   60-64 Female   Sonja   Gibbs   Marion   IA   F   62   40   2   S   Football Accuracy Throw   60-64 Female   Sonja   Gibbs   Marion   IA   F   62   40   2   S   Football Accuracy Throw   60-64 Female   Diane   Lund   Montrose   CO   F   60   30   Football Accuracy Throw   60-64 Female   Linda   Mahr   Dorchester   IA   F   61   10   Football Accuracy Throw   60-64 Male   Timothy   Pew   Des Moines   IA   M   62   100   1   G   Football Accuracy Throw   60-64 Male   Elliott   Kissam   Bettedorf   IA   M   62   90   2   S   Football Accuracy Throw   60-64 Male   Elliott   Kissam   Bettedorf   IA   M   64   80   3   B   Football Accuracy Throw   60-64 Male   Brent   Alexander   West Des Moines   IA   M   64   80   3   B   Football Accuracy Throw   60-64 Male   Brent   Alexander   West Des Moines   IA   M   63   60   Football Accuracy Throw   60-64 Male   Brent   Alexander   West Des Moines   IA   M   63   60   Football Accuracy Throw   60-64 Male   Brent   Alexander   West Des Moines   IA   M   63   60   Football Accuracy Throw   60-64 Male   Brent   Alexander   West Des Moines   IA   M   64   60   Football Accuracy Throw   60-64 Male   Brent   Alexander   Montrose   IA   M   64   60   Football Accuracy Throw   60-64 Male   Brent   Alexander   IA   M   64   60   Football Accuracy Throw   60-64 Male   Jim   Kopacek   Urbandale   IA   M   64   40   Football Accuracy Throw   60-64 Male   Jim   Kopacek   Urbandale   IA   M   64   40   Football Accuracy Throw   65-69 Female   Doris   Garland   Indianola   IA   F   67   60   2   S   Football Accuracy Throw   65-69 Female   Bhonda   Penquite   Cumming   IA   F   67   60   2   S   Football Accuracy Throw   65-69 Female   Bhonda   Penquite   Cumming   IA   F   65   20   3   B   Football Accuracy Throw   65-69 Female   Bhonda   Penquite   Cumming   IA   F   65   20   3   B   Football Accuracy Throw   65-69 Female   Bhonda   Bhonda   Penquite   Cumming   IA	Football Accuracy Throw	55-59 Male	Doug	Kane	Scottsdale	AZ	М	58	40	2	S
Football Accuracy Throw   60-64 Female   Sonja   Gibbs   Marion   IA   F   62   40   2   S   Football Accuracy Throw   60-64 Female   Control   Good   Control   Good	Football Accuracy Throw	55-59 Male	Tim	Lund	Montrose	СО	М	57	0		
Football Accuracy Throw   60-64 Female   Sonja   Gibbs   Marion   IA   F   62   40   2   S   Football Accuracy Throw   60-64 Female   Control   Good   Control   Good											
Football Accuracy Throw   60-64 Female   Diane   Lund   Montrose   CO   F   60   30   Football Accuracy Throw   60-64 Female   Diane   Lund   Montrose   CO   F   60   30   Football Accuracy Throw   60-64 Female   Linda   Mahr   Dorchester   IA   F   61   10   Football Accuracy Throw   60-64 Male   Timothy   Pew   Des Moines   IA   M   62   100   1   G   Football Accuracy Throw   60-64 Male   George   Antolik   Urbandale   IA   M   62   90   2   S   Football Accuracy Throw   60-64 Male   George   Antolik   Urbandale   IA   M   63   60   Go-64 Male   George   Antolik   Urbandale   IA   M   63   60   Go-64 Male   George   Antolik   Urbandale   IA   M   63   60   Go-64 Male   George   Antolik   Urbandale   IA   M   63   60   Go-64 Male   Go-64 Male   Brent   Hestdalen   Sioux Falls   SD   M   62   50   Go-64 Male   Jim   Kopacek   Urbandale   IA   M   64   40   Go-64 Male   Go-64 Male   Miltch   Anderson   Indianola   IA   M   64   40   Go-64 Male   Go-64 Male   Jim   Kopacek   Urbandale   IA   M   63   30   Go-64 Male   Go-64 Male   Miltch   Anderson   Indianola   IA   M   64   40   Go-64 Male   Go-64 Male   Jeff   Prundhelter   Urbandale   IA   M   63   30   Go-64 Male   Go-64 Male   Jeff   Prundhelter   Urbandale   IA   M   64   40   Go-64 Male   Jeff   Prundhelter   Urbandale   IA   M   66   Go-64 Male   Go-64 Male   Jeff   Prundhelter   Urbandale   IA   M   66   Go-64 Male   Go-64 Male   Jeff   Prundhelter   Urbandale   IA   M   66   Go-64 Male   Go-69 Female   Janice   Leinen   North English   IA   F   Go-7   Go-	Football Accuracy Throw	60-64 Female	Jody	Walter	Des Moines	IA	F	62	80	1	G
Football Accuracy Throw   60-64 Female   Diane   Lund   Montrose   CO   F   60   30   Football Accuracy Throw   60-64 Female   Diane   Lund   Montrose   CO   F   60   30   Football Accuracy Throw   60-64 Female   Linda   Mahr   Dorchester   IA   F   61   10   Football Accuracy Throw   60-64 Male   Timothy   Pew   Des Moines   IA   M   62   100   1   G   Football Accuracy Throw   60-64 Male   George   Antolik   Urbandale   IA   M   62   90   2   S   Football Accuracy Throw   60-64 Male   George   Antolik   Urbandale   IA   M   63   60   Go-64 Male   George   Antolik   Urbandale   IA   M   63   60   Go-64 Male   George   Antolik   Urbandale   IA   M   63   60   Go-64 Male   George   Antolik   Urbandale   IA   M   63   60   Go-64 Male   Go-64 Male   Brent   Hestdalen   Sioux Falls   SD   M   62   50   Go-64 Male   Jim   Kopacek   Urbandale   IA   M   64   40   Go-64 Male   Go-64 Male   Miltch   Anderson   Indianola   IA   M   64   40   Go-64 Male   Go-64 Male   Jim   Kopacek   Urbandale   IA   M   63   30   Go-64 Male   Go-64 Male   Miltch   Anderson   Indianola   IA   M   64   40   Go-64 Male   Go-64 Male   Jeff   Prundhelter   Urbandale   IA   M   63   30   Go-64 Male   Go-64 Male   Jeff   Prundhelter   Urbandale   IA   M   64   40   Go-64 Male   Jeff   Prundhelter   Urbandale   IA   M   66   Go-64 Male   Go-64 Male   Jeff   Prundhelter   Urbandale   IA   M   66   Go-64 Male   Go-64 Male   Jeff   Prundhelter   Urbandale   IA   M   66   Go-64 Male   Go-69 Female   Janice   Leinen   North English   IA   F   Go-7   Go-	Football Accuracy Throw	60-64 Female	Sonja	Gibbs	Marion	IA	F	62	40	2	S
Football Accuracy Throw   60-64 Female   Linda   Mahr   Dorchester   IA   F   61   10   Football Accuracy Throw   60-64 Male   Elliott   Kissam   Bettendorf   IA   M   62   100   1   G   Football Accuracy Throw   60-64 Male   Elliott   Kissam   Bettendorf   IA   M   62   90   2   S   Football Accuracy Throw   60-64 Male   George   Antolik   Urbandale   IA   M   64   80   3   B   Football Accuracy Throw   60-64 Male   Brent   Alexander   West Des Moines   IA   M   64   80   3   B   Football Accuracy Throw   60-64 Male   Brent   Alexander   West Des Moines   IA   M   63   60   Football Accuracy Throw   60-64 Male   Brent   Hestdalen   Sioux Falls   SD   M   62   50   Football Accuracy Throw   60-64 Male   Jim   Kopacek   Urbandale   IA   M   61   50   Football Accuracy Throw   60-64 Male   Jim   Kopacek   Urbandale   IA   M   64   40   Football Accuracy Throw   60-64 Male   Jeff   Prundheller   Urbandale   IA   M   63   30   Football Accuracy Throw   65-69 Female   Doris   Garland   Indianota   IA   M   63   30   Football Accuracy Throw   65-69 Female   Doris   Garland   Indianota   IA   F   67   100   1   G   Football Accuracy Throw   65-69 Female   Shelly   Lewis   New Virginia   IA   F   67   60   2   S   Football Accuracy Throw   65-69 Female   Gerta   Budweg   Ankeny   IA   F   65   20   Tootball Accuracy Throw   65-69 Female   Gerta   Budweg   Ankeny   IA   F   65   10   Football Accuracy Throw   65-69 Female   Ellen   Johnson   Ankeny   IA   F   64   10   Football Accuracy Throw   65-69 Female   Linda   Donahue   Month Prize   IA   F   64   10   Football Accuracy Throw   65-69 Female   Linda   Donahue   Month Prize   IA   F   64   10   Football Accuracy Throw   65-69 Male   Kenneth   Hopper   Waukee   IA   M   68   50   2   S   Football Accuracy Throw   65-69 Male   Kenneth   Hopper   Waukee   IA   M   68   60   1   G   Football Accuracy Throw   65-69 Male   Kenneth   Hopper   Waukee   IA   M   67   40   3   B   Football Accuracy Throw   65-69 Male   Kenneth   Hopper   Waukee   IA   M   67   40   3   B	Football Accuracy Throw	60-64 Female	KAREN	WAGNER	Dubuque	IA	F	62	30		
Football Accuracy Throw 60-64 Female Linda Mahr Dorchester IA F 61 10  Football Accuracy Throw 60-64 Male Timothy Pew Des Moines IA M 62 100 1 G Football Accuracy Throw 60-64 Male Elliott Kissam Bettendorf IA M 62 90 2 S Football Accuracy Throw 60-64 Male George Antolik Urbandale IA M 64 80 3 B Football Accuracy Throw 60-64 Male Brent Alexander West Des Moines IA M 63 60 Football Accuracy Throw 60-64 Male Brent Alexander West Des Moines IA M 64 80 3 B Football Accuracy Throw 60-64 Male Brent Hestdalen ISoux Falls SD M 62 50 Football Accuracy Throw 60-64 Male Jim Kopacek Urbandale IA M 61 50 Football Accuracy Throw 60-64 Male Jim Kopacek Urbandale IA M 61 50 Football Accuracy Throw 60-64 Male Jeff Pfundheller Urbandale IA M 64 40 Football Accuracy Throw 60-64 Male Jeff Pfundheller Urbandale IA M 63 30 Football Accuracy Throw 65-69 Female Se-69 Female Janice Leinen North English IA F 67 100 1 G Football Accuracy Throw 65-69 Female Shelly Lewis New Virginia IA F 67 60 2 S Football Accuracy Throw 65-69 Female Gerta Budweg Ankeny IA F 65 20 3 B Football Accuracy Throw 65-69 Female Ellen Johnson Ankeny IA F 66 10 Football Accuracy Throw 65-69 Female Ellen Johnson Ankeny IA F 66 10 Football Accuracy Throw 65-69 Female Ellen Johnson Ankeny IA F 66 10 Football Accuracy Throw 65-69 Female Ellen Johnson Ankeny IA F 66 10 Football Accuracy Throw 65-69 Female Ellen Johnson Ankeny IA F 66 10 Football Accuracy Throw 65-69 Female Ellen Johnson Ankeny IA F 66 10 Football Accuracy Throw 65-69 Female Ellen Johnson Ankeny IA F 66 10 Football Accuracy Throw 65-69 Female Ellen Johnson Ankeny IA F 66 10 Football Accuracy Throw 65-69 Female Ellen Johnson Ankeny IA F 66 10 Football Accuracy Throw 65-69 Female Ellen Johnson Ankeny IA F 66 10 Football Accuracy Throw 65-69 Female Ellen Johnson Ankeny IA F 66 10 Football Accuracy Throw 65-69 Female Ellen Johnson IA Reny IA F 66 10 Football Accuracy Throw 65-69 Female Ellen Johnson IA Reny IA F 66 10 Football Accuracy Throw 65-69 Male Rendy Davis Altoona IA F 71 40 2 S Football Accuracy Thr	Football Accuracy Throw	60-64 Female	Diane		Montrose	СО	F	60	30		
Football Accuracy Throw 60-64 Male Flitott Kissam Bettendorf IA M 62 90 2 S Football Accuracy Throw 60-64 Male George Antolik Urbandale IA M 64 80 3 B Football Accuracy Throw 60-64 Male Brent Alexander West Des Moines IA M 63 60 Football Accuracy Throw 60-64 Male Brent Alexander West Des Moines IA M 63 60 Football Accuracy Throw 60-64 Male Football Accuracy Throw 60-65 Female Football Accuracy Throw 60-65 Female Football Accuracy Throw 60-69 Male Football Accuracy Throw 6	<u> </u>	60-64 Female	Linda	Mahr		IA	F	61	10		
Football Accuracy Throw 60-64 Male Flitott Kissam Bettendorf IA M 62 90 2 S Football Accuracy Throw 60-64 Male George Antolik Urbandale IA M 64 80 3 B Football Accuracy Throw 60-64 Male Brent Alexander West Des Moines IA M 63 60 Football Accuracy Throw 60-64 Male Brent Alexander West Des Moines IA M 63 60 Football Accuracy Throw 60-64 Male Football Accuracy Throw 60-65 Female Football Accuracy Throw 60-65 Female Football Accuracy Throw 60-69 Male Football Accuracy Throw 6											
Football Accuracy Throw 60-64 Male Fliotit Kissam Bettendorf IA M 62 90 2 S Football Accuracy Throw 60-64 Male George Antolik Urbandale IA M 64 80 3 8 Football Accuracy Throw 60-64 Male Brent Alexander West Des Moines IA M 63 60 Football Accuracy Throw 60-64 Male Brent Alexander West Des Moines IA M 63 60 Football Accuracy Throw 60-64 Male Brent Hestdalen Sioux Falls SD M 62 50 Football Accuracy Throw 60-64 Male Jim Kopacek Urbandale IA M 61 50 Football Accuracy Throw 60-64 Male Jeff Pfundheller Urbandale IA M 64 40 Football Accuracy Throw 60-64 Male Jeff Pfundheller Urbandale IA M 63 30 Football Accuracy Throw 65-69 Female Greta Budweg Ankeny IA F 65 20 Football Accuracy Throw 65-69 Female ILlen Johnson Ankeny IA F 65 10 Football Accuracy Throw 65-69 Female ILlen Johnson Ankeny IA F 64 10 Football Accuracy Throw 65-69 Female ILlind Donahue Monrore IA F 64 10 Football Accuracy Throw 65-69 Male Football Accuracy Throw 65-69 Male Brad Staley Hampton IA M 68 50 2 S Football Accuracy Throw 65-69 Male Keith Dahlstrom CEDAR FALLS IA M 69 40 3 B Football Accuracy Throw 65-69 Male Keith Dahlstrom CEDAR FALLS IA M 69 40 3 B Football Accuracy Throw 70-74 Female Margaret Beuter Iowa City IA F 69 50 1 G Football Accuracy Throw 70-74 Female Football Accuracy Thr	Football Accuracy Throw	60-64 Male	Timothy	Pew	Des Moines	IA	М	62	100	1	G
Football Accuracy Throw 60-64 Male Prent Alexander West Des Moines IA M 64 80 3 B Football Accuracy Throw 60-64 Male Brent Alexander West Des Moines IA M 63 60 Football Accuracy Throw 60-64 Male Brett Hestdalen Sioux Falls SD M 62 50 Football Accuracy Throw 60-64 Male Jim Kopacek Urbandale IA M 61 50 Football Accuracy Throw 60-64 Male Jim Kopacek Urbandale IA M 61 50 Football Accuracy Throw 60-64 Male Jeff Pfundheller Urbandale IA M 64 40 Football Accuracy Throw 60-64 Male Jeff Pfundheller Urbandale IA M 63 30 Football Accuracy Throw 65-69 Female Rhonda Penquite Cumming IA F 67 100 1 G Football Accuracy Throw 65-69 Female Rhonda Penquite Cumming IA F 67 60 2 S Football Accuracy Throw 65-69 Female Shelly Lewis New Virginia IA F 65 20 S Football Accuracy Throw 65-69 Female Greta Budweg Ankeny IA F 65 20 Football Accuracy Throw 65-69 Female Gertrude Fitzpatrick Cedar Rapids IA F 66 10 Football Accuracy Throw 65-69 Female Idlen Johnson Ankeny IA F 66 10 Football Accuracy Throw 65-69 Female Idlen Johnson Ankeny IA F 66 10 Football Accuracy Throw 65-69 Female Idlen Johnson Ankeny IA F 66 10 Football Accuracy Throw 65-69 Female Idlen Johnson Ankeny IA F 66 10 Football Accuracy Throw 65-69 Female Idlen Johnson Ankeny IA F 66 10 Football Accuracy Throw 65-69 Female Idlen Johnson Ankeny IA F 66 10 Football Accuracy Throw 65-69 Female Idlen Johnson Ankeny IA F 66 10 Football Accuracy Throw 65-69 Female Idlen Johnson Ankeny IA F 66 10 Football Accuracy Throw 65-69 Male Kenneth Hopper Waukee IA M 68 50 2 S Football Accuracy Throw 65-69 Male Kenneth Hopper Waukee IA M 68 40 3 B Football Accuracy Throw 65-69 Male Randy Davis Altoona IA F 69 40 3 B Football Accuracy Throw 70-74 Female Roanne Willey CENTER JUNCTION IA F 71 40 2 S Football Accuracy Throw 70-74 Female Roanne Willey CENTER JUNCTION IA F 71 40 2 S Football Accuracy Throw 70-74 Female Roanne Willey CENTER JUNCTION IA F 71 40 3 B Football Accuracy Throw 70-74 Female Roanne Willey CENTER JUNCTION IA F 71 40 3 B Football Accuracy Throw 70-74 Female Roanne Willey CENTER	Football Accuracy Throw	60-64 Male	Elliott		Bettendorf	IA	М	62	90	2	s
Football Accuracy Throw 60-64 Male Brent Alexander West Des Moines IA M 63 60 Football Accuracy Throw 60-64 Male Brett Hestdalen Sioux Falls SD M 62 50 Football Accuracy Throw 60-64 Male Jim Kopacek Urbandale IA M 61 50 Football Accuracy Throw 60-64 Male Jim Kopacek Urbandale IA M 64 40 Football Accuracy Throw 60-64 Male Jim Kopacek Urbandale IA M 63 30 Football Accuracy Throw 60-64 Male Jeff Pfundheller Urbandale IA M 63 30 Football Accuracy Throw 65-69 Female Ronda Penquite Cumming IA F 67 60 2 S Football Accuracy Throw 65-69 Female Ronda Penquite Cumming IA F 67 60 2 S Football Accuracy Throw 65-69 Female Shelty Lewis New Virginia IA F 65 20 3 B Football Accuracy Throw 65-69 Female Greta Budweg Ankeny IA F 65 10 Football Accuracy Throw 65-69 Female Greta Budweg Ankeny IA F 66 10 Football Accuracy Throw 65-69 Female III Johnson Ankeny IA F 66 10 Football Accuracy Throw 65-69 Female III Johnson Ankeny IA F 64 10 Football Accuracy Throw 65-69 Female III Johnson Ankeny IA F 64 10 Football Accuracy Throw 65-69 Female III Johnson Ankeny IA F 64 10 Football Accuracy Throw 65-69 Female III Johnson Ankeny IA F 64 10 Football Accuracy Throw 65-69 Female III Johnson Ankeny IA F 64 10 Football Accuracy Throw 65-69 Female III Johnson Ankeny IA F 64 10 Football Accuracy Throw 65-69 Female III Johnson Ankeny IA F 64 10 Football Accuracy Throw 65-69 Male Reneth Hopper Waukee IA M 64 60 1 G Football Accuracy Throw 65-69 Male Reneth Hopper Waukee IA M 68 50 2 S Football Accuracy Throw 65-69 Male Randy Davis Altoona IA M 67 40 3 B Football Accuracy Throw 70-74 Female Roanne Willey CENTER JUNCTION IA F 71 40 2 S Football Accuracy Throw 70-74 Female Roanne Willey CENTER JUNCTION IA F 71 40 2 S Football Accuracy Throw 70-74 Female Roanne Willey CENTER JUNCTION IA F 70 70 0 Football Accuracy Throw 70-74 Female Roanne Willey Roanne Pleasant Hill IA F 69 20 Football Accuracy Throw 70-74 Female Roanne Roanne Pleasant Hill IA F 69 20 Football Accuracy Throw 70-74 Female Roanne Roanne Pleasant Hill IA F 69 20 Football Accuracy Throw 70		60-64 Male	George	1	Urbandale	IA	М	64	80		
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Football Accuracy Throw 65-69 Male Brad Staley Hampton IA M 64 60 1 G Football Accuracy Throw 65-69 Male Kenneth Hopper Waukee IA M 68 50 2 S Football Accuracy Throw 65-69 Male Mike Weeks Batesville AR M 68 40 3 B Football Accuracy Throw 65-69 Male Keith Dahlstrom CEDAR FALLS IA M 69 40 3 B Football Accuracy Throw 65-69 Male Randy Davis Altoona IA M 67 40 3 B Football Accuracy Throw 70-74 Female Margaret Beuter Iowa City IA F 69 50 1 G Football Accuracy Throw 70-74 Female Roanne Willey CENTER JUNCTION IA F 71 40 2 S Football Accuracy Throw 70-74 Female Vicki Morris New virginia IA F 73 40 3 B Football Accuracy Throw 70-74 Female Barb Malone Pleasant Hill IA F 69 20 Football Accuracy Throw 70-74 Female Joyce Kitson Marengo IA F 70 0	Football Accuracy Throw	65-69 Female	Judy	Kelly	Prairie du Chien	WI	F	64	10		
Football Accuracy Throw 65-69 Male Kenneth Hopper Waukee IA M 68 50 2 S Football Accuracy Throw 65-69 Male Mike Weeks Batesville AR M 68 40 3 B Football Accuracy Throw 65-69 Male Keith Dahlstrom CEDAR FALLS IA M 69 40 3 B Football Accuracy Throw 65-69 Male Randy Davis Altoona IA M 67 40 3 B Football Accuracy Throw 70-74 Female Roanne Willey CENTER JUNCTION IA F 71 40 2 S Football Accuracy Throw 70-74 Female Vicki Morris New virginia IA F 73 40 3 B Football Accuracy Throw 70-74 Female Barb Malone Pleasant Hill IA F 69 20 Football Accuracy Throw 70-74 Female Joyce Kitson Marengo IA F 70 0		65-69 Female	Linda	Donahue	monroe	IA	F	64	10		
Football Accuracy Throw 65-69 Male Kenneth Hopper Waukee IA M 68 50 2 S Football Accuracy Throw 65-69 Male Mike Weeks Batesville AR M 68 40 3 B Football Accuracy Throw 65-69 Male Keith Dahlstrom CEDAR FALLS IA M 69 40 3 B Football Accuracy Throw 65-69 Male Randy Davis Altoona IA M 67 40 3 B Football Accuracy Throw 70-74 Female Roanne Willey CENTER JUNCTION IA F 71 40 2 S Football Accuracy Throw 70-74 Female Vicki Morris New virginia IA F 73 40 3 B Football Accuracy Throw 70-74 Female Barb Malone Pleasant Hill IA F 69 20 Football Accuracy Throw 70-74 Female Joyce Kitson Marengo IA F 70 0											
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Football Accuracy Throw 65-69 Male Keith Dahlstrom CEDAR FALLS IA M 69 40 3 B Football Accuracy Throw 65-69 Male Randy Davis Altoona IA M 67 40 3 B Football Accuracy Throw 70-74 Female Margaret Beuter Iowa City IA F 69 50 1 G Football Accuracy Throw 70-74 Female Roanne Willey CENTER JUNCTION IA F 71 40 2 S Football Accuracy Throw 70-74 Female Vicki Morris New virginia IA F 73 40 3 B Football Accuracy Throw 70-74 Female Barb Malone Pleasant Hill IA F 69 20 Football Accuracy Throw 70-74 Female Joyce Kitson Marengo IA F 70 0	Football Accuracy Throw	65-69 Male	Kenneth	Hopper	Waukee	IA	М	68	50	2	S
Football Accuracy Throw 65-69 Male Randy Davis Altoona IA M 67 40 3 B  Football Accuracy Throw 70-74 Female Roanne Willey CENTER JUNCTION IA F 71 40 2 S  Football Accuracy Throw 70-74 Female Vicki Morris New virginia IA F 73 40 3 B  Football Accuracy Throw 70-74 Female Barb Malone Pleasant Hill IA F 69 20  Football Accuracy Throw 70-74 Female Joyce Kitson Marengo IA F 70 0	Football Accuracy Throw	65-69 Male	Mike	Weeks	Batesville	AR	М	68	40	3	В
Football Accuracy Throw 65-69 Male Randy Davis Altoona IA M 67 40 3 B  Football Accuracy Throw 70-74 Female Roanne Willey CENTER JUNCTION IA F 71 40 2 S  Football Accuracy Throw 70-74 Female Vicki Morris New virginia IA F 73 40 3 B  Football Accuracy Throw 70-74 Female Barb Malone Pleasant Hill IA F 69 20  Football Accuracy Throw 70-74 Female Joyce Kitson Marengo IA F 70 0	Football Accuracy Throw	65-69 Male	Keith	Dahlstrom	CEDAR FALLS	IA	М	69	40	3	В
Football Accuracy Throw 70-74 Female Roanne Willey CENTER JUNCTION IA F 71 40 2 S Football Accuracy Throw 70-74 Female Vicki Morris New virginia IA F 73 40 3 B Football Accuracy Throw 70-74 Female Barb Malone Pleasant Hill IA F 69 20 Football Accuracy Throw 70-74 Female Joyce Kitson Marengo IA F 70 0		65-69 Male	Randy	Davis	Altoona	IA	М	67	40	3	В
Football Accuracy Throw 70-74 Female Roanne Willey CENTER JUNCTION IA F 71 40 2 S Football Accuracy Throw 70-74 Female Vicki Morris New virginia IA F 73 40 3 B Football Accuracy Throw 70-74 Female Barb Malone Pleasant Hill IA F 69 20 Football Accuracy Throw 70-74 Female Joyce Kitson Marengo IA F 70 0											
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Football Accuracy Throw 70-74 Female Vicki Morris New virginia IA F 73 40 3 B Football Accuracy Throw 70-74 Female Barb Malone Pleasant Hill IA F 69 20 Football Accuracy Throw 70-74 Female Joyce Kitson Marengo IA F 70 0		70-74 Female		Willey	CENTER JUNCTION	IA	F	71	40	2	S
Football Accuracy Throw 70-74 Female Barb Malone Pleasant Hill IA F 69 20 Football Accuracy Throw 70-74 Female Joyce Kitson Marengo IA F 70 0		+				<del></del>	F		40		
Football Accuracy Throw 70-74 Female Joyce Kitson Marengo IA F 70 0				<del> </del>		IA	F	69	20		
		+	Joyce	Kitson		IA	F	70			
Football Accuracy Throw 70-74 Male Brad Ewest Ankeny IA M 70 90 1 G											
	Football Accuracy Throw	70-74 Male	Brad	Ewest	Ankeny	IA	М	70	90	1	G

## 2024 Iowa Senior Games Football Accuracy Throw Waukee High School | Waukee, IA

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Football Accuracy Throw	70-74 Male	Dennis	Hinckley	Sioux Falls	SD	М	72	80	2 S
Football Accuracy Throw	70-74 Male	Jim	Ronan	Naperville	IL	М	72	70	3 B
Football Accuracy Throw	70-74 Male	Ronald	Kohler	Robins	IA	М	73	50	2 S
Football Accuracy Throw	70-74 Male	Dale	Thede	Urbandale	IA	М	73	50	3 B
Football Accuracy Throw	70-74 Male	Chuck	Ward	Urbandale	IA	М	72	50	3 B
Football Accuracy Throw	70-74 Male	Jim	Kobus	Ankeny	IA	М	74	20	
Football Accuracy Throw	75-79 Female	Emma	Squires	Cedar Rapids, Iowa	IA	F	75	50	1 G
Football Accuracy Throw	75-79 Female	Neva	Weisskopf	Lehigh Acres	FL	F	75	30	2 S
Football Accuracy Throw	75-79 Female	Suzan	French	Ankeny	IA	F	78	0	
Football Accuracy Throw	75-79 Male	Tim	Phillips	Hiawatha	IA	М	74	60	1 G
Football Accuracy Throw	75-79 Male	Greg	Eastman	Clive	IA	М	77	50	2 S
Football Accuracy Throw	75-79 Male	Denny	Posekany	Solon	IA	М	75	40	3 B
Football Accuracy Throw	75-79 Male	Tarry	CORY	Clive, IA	IA	М	76	40	3 B
Football Accuracy Throw	75-79 Male	Andy	Steinfeldt	Minnetonka	MN	М	76	30	
Football Accuracy Throw	75-79 Male	Marvin	Burton	Des Moines	IA	М	76	10	
Football Accuracy Throw	75-79 Male	Alan	Schenck	Clarinda	IA	М	77	10	
Football Accuracy Throw	75-79 Male	Stanley	Allspach	Baxter	IA	М	76	0	
Football Accuracy Throw	75-79 Male	Skip	Hills	Altoona	IA	М	78	0	
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Football Accuracy Throw	80-84 Female	Jean	Minahan	Des Moines	IA	F	81	10	1 G
Football Accuracy Throw	80-84 Male	Ron	Peterson	Waukee	IA	М	79	80	1 G
Football Accuracy Throw	80-84 Male	Howard	Bich	Sioux Falls	SD	М	84	70	2 S
Football Accuracy Throw	80-84 Male	Kent	Rolfing	Sioux Falls	SD	М	83	70	2 S
Football Accuracy Throw	80-84 Male	Colin	McBee	West Des Moines	IA	М	81	40	4 B
Football Accuracy Throw	80-84 Male	Martin	Zanger	Robbinsdale	MN	М	82	20	
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Football Accuracy Throw	85-89 Female	Wyline	Gardner	Des Moines	IA	F	86	0	
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Football Accuracy Throw	85-89 Male	Don	Newton	West Des Moines	IA	М	85	30	1 G
Football Accuracy Throw	85-89 Male	Bob	McCoid	West Alexander	PA	М	86	20	2 S
Football Accuracy Throw	85-89 Male	Richard	Anderson	West Des Moines	IA	М	88	20	2 S
Football Accuracy Throw	85-89 Male	Dale	Dewey	Altoona	IA	М	84	0	
					1				
Football Accuracy Throw	90-94 Female	Norma	Ramker	Urbandale	IA	F	90	0	
	1	1	1	1	1	1			