

2024 Iowa Senior Games Football Distance Throw
Waukee High School | Waukee, IA

Event	Age Group	First Name	Last Name	City	State	Gender	Age	Result (ft)	Place	Medal
Football Distance Throw	50-54 Female	Sue	Francksen	Olin	IA	F	53	80	1	G
Football Distance Throw	50-54 Female	Carrie	Mills	Des Moines	IA	F	53	70	2	S
Football Distance Throw	50-54 Male	JASON	ODONNELL	Urbandale	IA	M	52	192	1	G
Football Distance Throw	50-54 Male	Scott	Mills	Des Moines	IA	M	53	90	2	S
Football Distance Throw	50-54 Male	MICHAEL	HILLIARD	DES MOINES	IA	M	52	51	3	B
Football Distance Throw	55-59 Female	Cheryl	Hall	Weston	WI	F	57	78	1	G
Football Distance Throw	55-59 Female	Jacqueline	Riekena	West Des Moines	IA	F	58	56	1	G
Football Distance Throw	55-59 Female	Sherry	Adney	McGregor	IA	F	58	52	2	S
Football Distance Throw	55-59 Female	Jennifer	Shide	Urbandale	IA	F	57	45	3	B
Football Distance Throw	55-59 Male	Brian	Andrae	Orion	IL	M	56	138	1	G
Football Distance Throw	55-59 Male	Tim	Lund	Montrose	CO	M	57	96	2	S
Football Distance Throw	55-59 Male	Doug	Kane	Scottsdale	AZ	M	58	81	3	B
Football Distance Throw	60-64 Female	Jody	Walter	Des Moines	IA	F	62	66	1	G
Football Distance Throw	60-64 Female	Linda	Mahr	Dorchester	IA	F	61	61	2	S
Football Distance Throw	60-64 Female	Diane	Lund	Montrose	CO	F	60	60	3	B
Softball Distance Throw	60-64 Female	Patricia	Dyar	Des Moines	IA	F	62	54	3	B
Football Distance Throw	60-64 Female	Sonja	Gibbs	Marion	IA	F	62	51		
Football Distance Throw	60-64 Male	Elliott	Kissam	Bettendorf	IA	M	62	132	1	G
Football Distance Throw	60-64 Male	Timothy	Pew	Des Moines	IA	M	62	126	2	S
Football Distance Throw	60-64 Male	George	Antolik	Urbandale	IA	M	64	120	3	B
Football Distance Throw	60-64 Male	Jeff	Pfundheller	Urbandale	IA	M	63	102		
Football Distance Throw	60-64 Male	Mitch	Anderson	Indianola	IA	M	64	96		
Football Distance Throw	60-64 Male	Robert	Rydborg	Prior Lake	MN	M	60	78		
Football Distance Throw	65-69 Female	Doris	Garland	Indianola	IA	F	67	102	1	G
Football Distance Throw	65-69 Female	Rhonda	Penquite	Cumming	IA	F	67	90	2	S
Football Distance Throw	65-69 Female	Judy	Kelly	Prairie du Chien	WI	F	64	64	3	B
Football Distance Throw	65-69 Female	Greta	Budweg	Ankeny	IA	F	65	61	3	B
Football Distance Throw	65-69 Female	Ellen	Johnson	Ankeny	IA	F	66	61		
Football Distance Throw	65-69 Female	Linda	Donahue	monroe	IA	F	64	44		
Football Distance Throw	65-69 Female	Gertrude	Fitzpatrick	Cedar Rapids	IA	F	64	44		
Football Distance Throw	65-69 Female	Shelly	Lewis	New Virginia	IA	F	65	44		
Football Distance Throw	65-69 Female	Janice	Leinen	North English	IA	F	65	40		
Football Distance Throw	65-69 Male	Brad	Staley	Hampton	IA	M	64	117	1	G
Football Distance Throw	65-69 Male	Keith	Dahlstrom	CEDAR FALLS	IA	M	69	114	2	S
Football Distance Throw	65-69 Male	Mike	Weeks	Batesville	AR	M	68	99	3	B
Football Distance Throw	65-69 Male	Randy	Davis	Altoona	IA	M	67	90	3	B
Football Distance Throw	65-69 Male	Kenneth	Hopper	Waukee	IA	M	68	81		
Football Distance Throw	70-74 Female	Margaret	Beuter	Iowa City	IA	F	69	67	1	G
Football Distance Throw	70-74 Female	Roanne	Willey	CENTER JUNCTION	IA	F	71	65	2	S
Football Distance Throw	70-74 Female	Vicki	Morris	New virginia	IA	F	73	49	3	B
Football Distance Throw	70-74 Female	Joyce	Kitson	Marengo	IA	F	70	33		
Football Distance Throw	70-74 Male	Dennis	Hinckley	Sioux Falls	SD	M	72	93	1	G
Football Distance Throw	70-74 Male	Brad	Ewest	Ankeny	IA	M	70	93	1	G
Football Distance Throw	70-74 Male	Jim	Kobus	Ankeny	IA	M	74	90	2	S
Football Distance Throw	70-74 Male	Chuck	Ward	Urbandale	IA	M	72	81	3	B

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Football Distance Throw	75-79 Female	Emma	Squires	Cedar Rapids, Iowa	IA	F	75	59	1	G
Football Distance Throw	75-79 Female	Suzan	French	Ankeny	IA	F	78	57	2	S
Football Distance Throw	75-79 Female	Neva	Weisskopf	Lehigh Acres	FL	F	75	46	3	B
Football Distance Throw	75-79 Male	Tarry	CORY	Clive, IA	IA	M	76	141	1	G
Football Distance Throw	75-79 Male	Greg	Eastman	Clive	IA	M	77	84	2	S
Football Distance Throw	75-79 Male	Marvin	Burton	Des Moines	IA	M	76	72	3	B
Football Distance Throw	75-79 Male	Tim	Phillips	Hiawatha	IA	M	74	66		
Football Distance Throw	75-79 Male	Alan	Schenck	Clarinda	IA	M	77	39		
Football Distance Throw	75-79 Male	Andy	Steinfeldt	Minnetonka	MN	M	76	54		
Football Distance Throw	80-84 Female	Jean	Minahan	Des Moines	IA	F	81	43	1	G
Football Distance Throw	80-84 Male	Howard	Bich	Sioux Falls	SD	M	84	84	1	G
Football Distance Throw	80-84 Male	Ron	Peterson	Waukee	IA	M	79	69	1	G
Football Distance Throw	80-84 Male	Colin	McBee	West Des Moines	IA	M	81	51	2	S
Football Distance Throw	85-89 Female	Wylene	Gardner	Des Moines	IA	F	86	15	1	G
Football Distance Throw	85-89 Male	Bob	McCoid	West Alexander	PA	M	86	66	1	G
Football Distance Throw	85-89 Male	Don	Newton	West Des Moines	IA	M	85	60	1	G
Football Distance Throw	85-89 Male	Dale	Dewey	Altoona	IA	M	84	51	2	S
Football Distance Throw	85-89 Male	Richard	Anderson	West Des Moines	IA	M	88	42	3	B
Football Distance Throw	90-94 Female	Norma	Ramker	Urbandale	IA	F	90	27	1	G
Football Distance Throw	90-94 Male	Bart	Young	Indianola	IA	M	93	27	1	G

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2024 Iowa Senior Games Football Accuracy Throw
Waukee High School | Waukee, IA

Event	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Football Accuracy Throw	50-54 Female	Carrie	Mills	Des Moines	IA	F	53	50	1	G
Football Accuracy Throw	50-54 Female	Sue	Francksen	Olin	IA	F	53	20	2	S
Football Accuracy Throw	50-54 Male	MICHAEL	HILLIARD	DES MOINES	IA	M	52	30	1	G
Football Accuracy Throw	50-54 Male	Scott	Mills	Des Moines	IA	M	53	10	2	S
Football Accuracy Throw	55-59 Female	Sherry	Adney	McGregor	IA	F	58	60	1	G
Football Accuracy Throw	55-59 Female	Jacqueline	Riekena	West Des Moines	IA	F	58	60	2	S
Football Accuracy Throw	55-59 Female	Cheryl	Hall	Weston	WI	F	57	20	3	B
Football Accuracy Throw	55-59 Female	Jennifer	Shide	Urbandale	IA	F	57	10	3	B
Football Accuracy Throw	55-59 Male	Brian	Andrae	Orion	IL	M	56	40	1	G
Football Accuracy Throw	55-59 Male	Doug	Kane	Scottsdale	AZ	M	58	40	2	S
Football Accuracy Throw	55-59 Male	Tim	Lund	Montrose	CO	M	57	0		
Football Accuracy Throw	60-64 Female	Jody	Walter	Des Moines	IA	F	62	80	1	G
Football Accuracy Throw	60-64 Female	Sonja	Gibbs	Marion	IA	F	62	40	2	S
Football Accuracy Throw	60-64 Female	KAREN	WAGNER	Dubuque	IA	F	62	30	3	B
Football Accuracy Throw	60-64 Female	Diane	Lund	Montrose	CO	F	60	30		
Football Accuracy Throw	60-64 Female	Linda	Mahr	Dorchester	IA	F	61	10		
Football Accuracy Throw	60-64 Male	Timothy	Pew	Des Moines	IA	M	62	100	1	G
Football Accuracy Throw	60-64 Male	Elliott	Kissam	Bettendorf	IA	M	62	90	2	S
Football Accuracy Throw	60-64 Male	George	Antolik	Urbandale	IA	M	64	80	3	B
Football Accuracy Throw	60-64 Male	Brent	Alexander	West Des Moines	IA	M	63	60		
Football Accuracy Throw	60-64 Male	Brett	Hestdalen	Sioux Falls	SD	M	62	50		
Football Accuracy Throw	60-64 Male	Jim	Kopacek	Urbandale	IA	M	61	50		
Football Accuracy Throw	60-64 Male	Mitch	Anderson	Indianola	IA	M	64	40		
Football Accuracy Throw	60-64 Male	Jeff	Pfundheller	Urbandale	IA	M	63	30		
Football Accuracy Throw	65-69 Female	Doris	Garland	Indianola	IA	F	67	100	1	G
Football Accuracy Throw	65-69 Female	Rhonda	Penquite	Cumming	IA	F	67	60	2	S
Football Accuracy Throw	65-69 Female	Janice	Leinen	North English	IA	F	65	20	3	B
Football Accuracy Throw	65-69 Female	Shelly	Lewis	New Virginia	IA	F	65	20		
Football Accuracy Throw	65-69 Female	Greta	Budweg	Ankeny	IA	F	65	10		
Football Accuracy Throw	65-69 Female	Gertrude	Fitzpatrick	Cedar Rapids	IA	F	64	10		
Football Accuracy Throw	65-69 Female	Ellen	Johnson	Ankeny	IA	F	66	10		
Football Accuracy Throw	65-69 Female	Judy	Kelly	Prairie du Chien	WI	F	64	10		
Football Accuracy Throw	65-69 Female	Linda	Donahue	monroe	IA	F	64	10		
Football Accuracy Throw	65-69 Male	Brad	Staley	Hampton	IA	M	64	60	1	G
Football Accuracy Throw	65-69 Male	Kenneth	Hopper	Waukee	IA	M	68	50	2	S
Football Accuracy Throw	65-69 Male	Mike	Weeks	Batesville	AR	M	68	40	3	B
Football Accuracy Throw	65-69 Male	Keith	Dahlstrom	CEDAR FALLS	IA	M	69	40	3	B
Football Accuracy Throw	65-69 Male	Randy	Davis	Altoona	IA	M	67	40	3	B
Football Accuracy Throw	70-74 Female	Margaret	Beuter	Iowa City	IA	F	69	50	1	G
Football Accuracy Throw	70-74 Female	Roanne	Willey	CENTER JUNCTION	IA	F	71	40	2	S
Football Accuracy Throw	70-74 Female	Vicki	Morris	New virginia	IA	F	73	40	3	B
Football Accuracy Throw	70-74 Female	Barb	Malone	Pleasant Hill	IA	F	69	20		
Football Accuracy Throw	70-74 Female	Joyce	Kitson	Marengo	IA	F	70	0		
Football Accuracy Throw	70-74 Male	Brad	Ewest	Ankeny	IA	M	70	90	1	G

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Football Accuracy Throw	70-74 Male	Dennis	Hinckley	Sioux Falls	SD	M	72	80	2	S
Football Accuracy Throw	70-74 Male	Jim	Ronan	Naperville	IL	M	72	70	3	B
Football Accuracy Throw	70-74 Male	Ronald	Kohler	Robins	IA	M	73	50	2	S
Football Accuracy Throw	70-74 Male	Dale	Thede	Urbandale	IA	M	73	50	3	B
Football Accuracy Throw	70-74 Male	Chuck	Ward	Urbandale	IA	M	72	50	3	B
Football Accuracy Throw	70-74 Male	Jim	Kobus	Ankeny	IA	M	74	20		
Football Accuracy Throw	75-79 Female	Emma	Squires	Cedar Rapids, Iowa	IA	F	75	50	1	G
Football Accuracy Throw	75-79 Female	Neva	Weisskopf	Lehigh Acres	FL	F	75	30	2	S
Football Accuracy Throw	75-79 Female	Suzan	French	Ankeny	IA	F	78	0		
Football Accuracy Throw	75-79 Male	Tim	Phillips	Hiawatha	IA	M	74	60	1	G
Football Accuracy Throw	75-79 Male	Greg	Eastman	Clive	IA	M	77	50	2	S
Football Accuracy Throw	75-79 Male	Denny	Posekany	Solon	IA	M	75	40	3	B
Football Accuracy Throw	75-79 Male	Tarry	CORY	Clive, IA	IA	M	76	40	3	B
Football Accuracy Throw	75-79 Male	Andy	Steinfeldt	Minnetonka	MN	M	76	30		
Football Accuracy Throw	75-79 Male	Marvin	Burton	Des Moines	IA	M	76	10		
Football Accuracy Throw	75-79 Male	Alan	Schenck	Clarinda	IA	M	77	10		
Football Accuracy Throw	75-79 Male	Stanley	Allspach	Baxter	IA	M	76	0		
Football Accuracy Throw	75-79 Male	Skip	Hills	Altoona	IA	M	78	0		
Football Accuracy Throw	80-84 Female	Jean	Minahan	Des Moines	IA	F	81	10	1	G
Football Accuracy Throw	80-84 Male	Ron	Peterson	Waukee	IA	M	79	80	1	G
Football Accuracy Throw	80-84 Male	Howard	Bich	Sioux Falls	SD	M	84	70	2	S
Football Accuracy Throw	80-84 Male	Kent	Rolfing	Sioux Falls	SD	M	83	70	2	S
Football Accuracy Throw	80-84 Male	Colin	McBee	West Des Moines	IA	M	81	40	4	B
Football Accuracy Throw	80-84 Male	Martin	Zanger	Robbinsdale	MN	M	82	20		
Football Accuracy Throw	85-89 Female	Wylene	Gardner	Des Moines	IA	F	86	0		
Football Accuracy Throw	85-89 Male	Don	Newton	West Des Moines	IA	M	85	30	1	G
Football Accuracy Throw	85-89 Male	Bob	McCoid	West Alexander	PA	M	86	20	2	S
Football Accuracy Throw	85-89 Male	Richard	Anderson	West Des Moines	IA	M	88	20	2	S
Football Accuracy Throw	85-89 Male	Dale	Dewey	Altoona	IA	M	84	0		
Football Accuracy Throw	90-94 Female	Norma	Ramker	Urbandale	IA	F	90	0		